





# Welcome to the University of L'Aquila



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#### Location of the EECI course

The University of L'Aquila is proud to hold EECI IGSC courses for many years. The courses will be at the Department of Information Engineering, Computer Science and Mathematics (DISIM) located in Coppito (L'Aquila).

Google maps link <a href="https://goo.gl/maps/HzLDWbxTXAR2">https://goo.gl/maps/HzLDWbxTXAR2</a>

## How to reach L'Aquila

From Rome airports (strongly suggested): L'Aquila can be reached from the International Airport "Leonardo da Vinci" of Rome Fiumicino (FCO), or from the smaller International Airport of Rome Ciampino (CIA). Gaspari coach offers direct connections from Rome Airports to L'Aquila. Tickets cost is 17€ (One Way). The itinerary is: Fiumicino Airport, Ciampino Airport, L'Aquila (My Suite Hotel). Gaspari coach tickets can be purchased online at <a href="http://www.gasparionline.it/">http://www.gasparionline.it/</a> and the timetable can be checked also online at <a href="http://www.gasparionline.it/en/timetable/">http://www.gasparionline.it/en/timetable/</a>.

The Gaspari bus stop is located in:

- Leonardo da Vinci Airport: outside Terminal 3, Arrivals, on the right hand side;
- Ciampino Airport: Bus station on the left hand side of the main entrance.

**From Pescara airport:** There is also a small International Airport in Pescara, prices of flights are usually cheaper. From the airport you can take the local bus service to Pescara Centrale Train station Piazzale della Repubblica (about 15-25 minutes, lines 8 and 38, see <a href="https://www.rome2rio.com/s/Pescara-Airport-PSR/Pescara-Station">https://www.rome2rio.com/s/Pescara-Airport-PSR/Pescara-Station</a>). From Pescara Centrale Train Station there is a regional bus Service TUA that take 2 hours and half to arrive to L'Aquila. Timetables and more info can be found on <a href="https://www.tuabruzzo.it/">https://www.tuabruzzo.it/</a>

TUA Busses stop in L'Aquila at the following points: My Suite Hotel (SS17), Via Della Croce Rossa, Municipal Cemetery, Terminal Bus. From these stops it is possible to take the local Bus service to reach your accomodation (please check the section "Bus Service in L'Aquila).

From Rome downtown: The regional bus company is TUA, see <a href="https://www.tuabruzzo.it/">https://www.tuabruzzo.it/</a> The TUA bus station is in front of Roma Tiburtina Train Station. Approximate time travel is 1h and 45 min, depending on traffic congestions getting in/out Rome, and the price is about 11-12€ (one way). TUA tickets must be

purchased before you step into the bus, at the TUA (ARPA) ticket office inside the BUS Terminal in front of Roma Tiburtina train station.

L'Aquila Bus Terminal is located in the Underground City Parking of Collemaggio (<a href="https://goo.gl/maps/DZ5CytTWWkN2">https://goo.gl/maps/DZ5CytTWWkN2</a>) at level -1. From there you may get downtown main square Piazza Duomo by bus. You may eventually step down at the first bus stop from the Fiumicino airport in L'Aquila (as soon as it exits from the Highway A24) on a side of the My Suite Hotel. Taxes are available at My Suite Hotel.

**By car:** L'Aquila has two highway exits: L'Aquila Est and L'Aquila Ovest. To organize your itinerary please follow the information below or check <a href="http://www.autostrade.it/en/home">http://www.autostrade.it/en/home</a>.

- From Naples (and Rome): take the highway A1 to Rome. Arriving in Rome, from the Grande Raccordo Anulare (G.R.A., the ring which surrounds Rome), take the highway A24 Roma-L'Aquila-Teramo (gate 14). L'Aquila is 90 km from Rome and it can be easily reached in less than one hour.
- From Milan (and Bologne): take the highway A1 to Bologne, then take the railway A14 (Adriatica) Bologna-Bari directed to Bari and leave it at the gate Giulianova. From there, reach the entry to the highway A24, near Teramo, and follow the signs to L'Aquila.
- From Bari: take the highway A14 (Adriatica) Bologna-Bari directed to Bologne and leave it at the gate Giulianova. From there, reach the entry to the highway A24, near Teramo, and follow the signs to L'Aquila.

**By train**: L'Aquila can also be reached by train, even if it is not recommended. There are many connections from Rome (change in Terni) and from Pescara (change in Sulmona). The train station is about 25-30 minutes walk from the historic center of the city. Buses and taxi services are also available at the train station.

## Bus Service within L'Aquila

Municipal and Local Bus service in L'Aquila is served by AMA (Azienda Mobilità Aquilana), many lines connect different areas of the city from the suburbs to the

center. Please refer to the website for timetables and lines and other info: <a href="http://www.ama.laquila.it/it/linee-orari-ama.html">http://www.ama.laquila.it/it/linee-orari-ama.html</a> and make sure that the Hotel where you are going to stay is well served by the bus service.

Main lines to reach the University at Coppito (where the EECI courses take place) are: 1-2-2UT-3-4-6D-M13B-19.

If you have problems, ask for detailed information at the Terminal Bus Station in Collemaggio, at the My Suite Hotel stop or directly to the bus driver. A ticket for a ride costs 1.50€ but on the bus it will cost more, so we suggest to buy the tickets in advance at the My Suite Hotel bar, or in any news-stand in the city.

## Further Info

- Using Taxi from the Airport to Tiburtina Station is expensive (about 60-70 Euros). If you really need it, ask for the price in advance.
- The Rome International Airport Leonardo da Vinci is also connected to the Termini Station by a special train called Leonardo Express. Price is 14 Euros. More info can be found at <a href="http://www.trenitalia.com/tcom/Informazioni/Interno-da-Roma-all'aeroporto-Leonardo-da-Vinci?appInstanceName=default">http://www.trenitalia.com/tcom/Informazioni/Interno-da-Roma-all'aeroporto-Leonardo-da-Vinci?appInstanceName=default</a>
- Termini train station is connected to Tiburtina train station by the Metro line B. Rome metro and bus ticket price is about 1,50 euro. Tickets are sold by vending machines or in any newspapers store.

# Hotels in L'Aquila

- General view: <a href="http://g.co/maps/2qp2t">http://g.co/maps/2qp2t</a>. Some hotels used in the past EECI courses follow:
- Hotel Federico II walk 800 meters on Via Strinella (http://g.co/maps/bt89s);
- Hotel Castello walk 900 meters on Via Strinella (http://g.co/maps/c3p82);

- Hotel San Michele walk 500 meters on Viale Collemaggio (<a href="http://g.co/maps/7yj4e">http://g.co/maps/7yj4e</a>);
- My Suite Hotel at the first stop (My Suite Hotel) of the Rome-L'Aquila bus line;
- Hotel Canadian same location as above (walk 100 meters) (http://g.co/maps/tpnpu);
- Hotel Residence Azzurro same location as above and walk 300 meters on Corrado Quarto (<a href="http://g.co/maps/v5nfe">http://g.co/maps/v5nfe</a>).
- B&B il Chiassetto in the very center of L'Aquila. Less than 10 minutes walk to the bus stop at the "Fontana Luminosa" (Location on maps here)
- B&B Palazzo Cappa, Via Paganica, in the very center of L'Aquila. Less than 5 minutes walk to the bus stop at the "Fontana Luminosa" (<a href="https://goo.gl/maps/6JN9v2GbwE62">https://goo.gl/maps/6JN9v2GbwE62</a>)
- B&B Charme Celestino V, Via Paganica, in the very center of L'Aquila. Less than 5 minutes walk to the bus stop at the "Fontana Luminosa" (<a href="https://goo.gl/maps/nKBfdsE2kA82">https://goo.gl/maps/nKBfdsE2kA82</a>)

Many other accommodations can be found by searching online on google or airbnb.

# Dining in L'Aquila

Fast lunch locations nearby the course venue (Coppito): <a href="https://goo.gl/maps/cW9hqVDD8y82">https://goo.gl/maps/cW9hqVDD8y82</a>

Bar, sandwiches, fast lunch, Pizza, supermarket, finger food

Restaurants at the Historical City Center: <a href="http://goo.gl/maps/vBH0H">http://goo.gl/maps/vBH0H</a>

- Restaurant 'Il Vizietto'
- Restaurant 'Lincosta'
- Restaurant '99 Cannelle'
- Restaurant Orgoglio Aquilano
- Restaurant 'La grotta di Aligi'
- Restaurant 'La Conca'

More can be found on google and trip advisor.

You will like our typical food and don't forget to taste arrosticini!!

Also don't miss to visit "Yu Boss", for wine tasting. Montepulciano d'Abruzzo is recognized as one of the best red wines in the world.

## The City of L'Aquila

# The basilica of Santa Maria di Collemaggio

S. Maria di Collemaggio is a large medieval church in L'Aquila, central Italy. It was the site of the original Papal Jubilee, a penitential observation devised by Pope Celestine V, who is buried here. The church, which therefore ranks as a basilica because of its importance in religious history, sits in isolation at the end of a long rectangular sward of grass at the SW edge of town.

The church is a masterpiece of Abruzzese Romanesque and Gothic architecture and one of the chief sights of L'Aquila. The striking jewel-box effect of the exterior is due to a pattern of blocks of alternating pink and white stone; the interior, on the other hand, is massive and austere. Outbuildings include a colonnaded cloister, with the central fountain typical of many other similar Italian cloisters, and the former monastic refectory.



## The "99 Cannelle" fountain

The 99 Cannelle Fountain was built in 1272. What strikes most visitor is the wonderful water show: water flows from the 99 "masks" witch stand for the faces of friars, man and woman's head. These figures represent the original 99 castles whose collaboration led to the foundation of L'Aquila.



## **Castello Cinquecentesco**

A square plant and walls with huge corner bastions are simply the facade of one of the rare monuments you can visit today in Italy. In fact this is the seat of the National Museum of Abruzzo and in its rooms you can see various archaeological finds, works of many artists and the famous Elephas Meridionalis, a fossil mammoth found near L'Aquila in 1954. This fort is surrounded by a deep moat and a green park.



## So in Rome as in L'Aquila

In L'Aquila every year is a holy year. Pope Celestino V, the day he was crowned, established the "Grande Perdonanza" which is celebrated yearly on 28 august from 1294. In that day the Holy Door of the Basilica di Collemaggio (the only one in the world except that of Rome), is opened. Our cultural tradition enables tourists to visit museums and exhibitions, to take part in conventions, concert season and theatrical performances which are usually settled in our churches or buildings to convey a sense of charm and atmosphere.



## **Mountain trekking**

Tourists who prefer to see the panorama of L'Aquila, can visit our naturalistic reserves: Parco Nazionale d'Abruzzo, Gran Sasso-Monti della Laga, Parco Velino-Sirente and Maiella. The Massive Gran Sasso, with its highest pick called "Corno Grande" (2912 m), is an ideal place for people fond of trekking and climbing, but, at the same time, is perfect for families who want to go on a mountain hike.



#### **Caves of Stiffe**

At 17 km from L'Aquila, you can visit the Caves of Stiffe, the most important example of the karst phenomena in Abruzzo. Speleological guides illustrate this marvelous site, where a subterranean river creates fantastic light shows between its stalactites and stalagmites.



## Gastronomy

Our local dishes are simple and tasty, cooked according to an old tradition: for example, we still have the "chitarra", an old instrument used to prepare egg noodles. Our table is full of salami (the famous "mortadella di Campotosto"), Cheeses and legumes that you can eat together with local wines and the delicious herbal bitters.



## Saffron (Zafferano - Crocus sativus)

L'Aquila and its villages placed on the Navelli plain are the heart of the tradition and the commerce of saffron in Abruzzo. As precious as gold, this famous spice was the moving cause of economic and commercial development of our territory. Local dishes are, still today, cooked with this essential ingredient.



